



# MOVERS FOR MOMS<sup>®</sup>

TWO MEN AND A TRUCK.

- Women's pajamas– all sizes S-3XL
- Women's sweatshirts – all sizes S-3XL
- Women's sweatpants – all sizes S-3XL
- Body spray
- Silverware sets & extra spoons
- New bath towel sets (body and face)
- African-American friendly hair care products (brands to look for: Cantu, Carol's Daughter, Shea Moisture, Pantene Pro-V Truly Natural/Relaxed products)
- Laundry baskets/hampers
- New or gently used kitchen utensils (can openers, spatulas, spoons, etc.)
- New mops and brooms
- Paper/plastic products (plates, bowls, cups, cutlery)
- Gas gift cards
- Madison Metro bus passes (10 ride and/or 31 day passes)
- Gift cards (Walmart, Target, Woodman's, Bath and Body Works)
- Twin size bed sheets
- Twin size mattress covers
- Pillows
- Towels = bath & hand
- Paper products = toilet paper, paper towel, Kleenex, feminine products
- Over the Counter medications = cold meds for adults & children, pain reliever for adults & children
- Baby products = diapers & pull ups, wipes, rash cream/ointment, baby bath & lotion, powder
- Kitchen utensils = forks & spoons
- Non-perishable food items = canned goods (fruits, veggies, soups, sauces) boxed goods (cereal, instant potatoes & rice, jello & pudding)
- New clothing = socks & undergarments for women & children (all sizes) pajamas
- Cards = gas only, phone minutes, gift